

*"Resistance,
first and foremost
indicates a lack of
rapport"*

Coaching Essentials

Module 1 of the Meta-Coach Training System

Part 1 of the Meta-NLP Practitioner Certification

Connecting with Others through Communication Excellence



This Advanced Communication Training will increase your Conversational Intelligence and the quality of communication in your life. It will equip you with tools and techniques based on the cognitive sciences of Self Actualization Psychology of Maslow, Neuro-Linguistic Programming (NLP) and Neuro-Semantics.

Module 1 - Coaching Essentials: **Psychology Behind Human Communication** **Part 1 of Meta-NLP Practitioner Certification**

Dates: 20 – 23 April 2016 (4 Days)

Time: 08:00 – 17:30

Venue: Hennessy Park Hotel

Cost: Rs 38,500 per person

***Please contact us for special discounts.*

MQA
Approved

This course includes:

- NLP, Neuro-Semantics & Fundamental Psychologies of Coaching.
- Advanced Communication Models for razor sharp & effective communication.
- Powerful 'Structured Thinking Strategies' for unleashing potential.
- Self-awareness Techniques for changing behaviours.
- Understanding and optimizing the languages of the mind.
- The Representational System Model
- Persuasion and influencing skills for leading and motivating yourself and others.
- Strategies to achieve Personal Goals.
- Skills to overcome barriers, blockages and limiting beliefs.
- Giving and receiving transformational feedback.
- Tools and Techniques to produce peak performing states for yourself and others.
- Coaching Tools and Techniques to unleash potential in yourself and others.



Who should attend:
Leaders, Managers,
Inspiring Coaches,
Teachers, Facilitators,
Trainers, HR Practitioners,
Individuals committed to
Personal Development

The Meta-Coach® System provides the most cutting edge communication and training available in the world today for Professional Coaches and any individual or organisation committed to enrich relationships and success.



Tel: 263 2020

Mobile: 5254 2011

Email: newb@newb.mu

Register Online Now:
www.newb.mu



Coaching Essentials

Module 1 of the Meta-Coach Training System
Part 1 of the Meta-NLP Practitioner Certification



This Training is the first step to attaining professional Coaching certification and raise your level of skills to meet the new Developments in the Coaching and Training sector. It will increase the quality of communication in your life and equip you with tools and techniques based on the cognitive sciences of Self Actualization Psychology of Maslow, Neuro-Linguistic Programing (NLP) and Neuro-Semantics.



"Resistance, first and foremost indicates a lack of rapport"

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Psychology Behind Human Communication
Part 1 of Meta-NLP Practitioner Certification

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For more details, please contact us on;

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brings you the First-Ever

Part One:
Coaching Essentials*
Module 1 of APMC
20-23 April 2016



Part Two:
NLP / NS
Practitioner
25-28 April 2016

META-NLP PRACTITIONER CERTIFICATION

*Communication / Coaching Essentials is a pre-requisite to attend Part 2. Other NLP courses will be reviewed prior to confirmation as pre-requisite for Part 2.

Who Should attend:

Coaches, Managers, Leaders, Mentors,
Counsellors, Trainers, Marketing /
Sales persons, Public Speakers

Neuro-Semantics Trainers:



Sandra Viljoen
Meta-Coach &
Neuro-Semantics Trainer

Sandra, director of New Beginnings Coaching Ltd, is a qualified Neuro-Semantics Professional Coaching Practitioner, since November 2006. In 2013 she was certified as a Meta-Coach and she is on the Executive Board of SAINS (South African Institute of Neuro Semantics) and runs the MCF (Meta Coach Foundation) Chapter in Mauritius. She is also an ISNS Certified Neuro-Semantics Trainer, providing her with rights to train and distribute the ISNS certified Neuro-Semantics programs/courses.



Dirk Nieuwoudt
Meta-Coach &
Chairperson of SAINS

Dirk is an active member of the International Society of Neuro-Semantics (ISNS) and is the Chairperson of the South African Institute of Neuro-Semantics (SAINS). He is a registered Psychologist and is the Head of Coaching and Mentoring Centre of Excellence for Transnet SA. Dirk is very active in the development of Meta-Coaches. He regularly attends Meta-Coach training as co-facilitator and Team Leader. He also offers personal mentoring to certified Meta-Coaches and supports them in the establishment of internal Coaching programs. Dirk also facilitates the practice of coaching communities.

This Course Equips you with the Tools to:

- Learn to run your own brain.
- Manage your own moods, attitudes and states.
- Effectively manage conflict.
- Skilfully manage outcomes and agreements.
- Achieve high levels of Emotional Intelligence (EQ).
- Create powerful rapport and connection with others.
- Develop growth in terms of your world view.
- Effectively engage and collaborate with significant people in personal and professional life.
- Lead and influence performance through the creation and sharing of powerful meanings.
- Learn to facilitate outcomes through asking powerful questions that get directly to the heart of the matter.

The program is a grounded, experiential workshop for professional people who want to develop themselves more fully personally, as well as learn high-level communication and coaching skills. This course provides a comprehensive introduction to NLP, access to the full range of NLP models and domains, with deep understanding and practice, and industry-leading benchmark processes to calibrate your new skills.

Dates: 25 – 28 April 2016 (4 Days)

Time: 08:00 – 17:30

Venue: Hennessy Park Hotel

Cost: Rs 38,500 per person

****Please contact us for our special discounts**

Register Online Now: www.newb.mu



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META-NLP PRACTITIONER CERTIFICATION

**Part One: 4 Days
Coaching Essentials***
20-23 April 2016
08:30 – 17:30
Hennessy Park Hotel
Rs 38,500



**Part Two: 4 Days
NLP / NS Practitioner**
25-28 April 2016
08:30 – 17:30
Hennessy Park Hotel
Rs 38,500

*Communication / Coaching Essentials is a pre-requisite to attend Part 2.
Other NLP courses will be reviewed prior to confirmation as pre-requisite for Part 2

This program is a grounded, experiential workshop for professional people who want to develop themselves more fully personally, as well as learn high-level communication and coaching skills. This course provides a comprehensive introduction to NLP, access to the full range of NLP models and domains, with deep understanding and practice, and industry leading benchmark processes to calibrate your new skills.

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info on our special discount**



Discover Yourself...

*"Your Mind doesn't go
anywhere You don't take it"*

Learn about

- The Meta-States Model
- Framing & Re-Framing
- The Score Model
- State Elicitation
- Mind Lines & Time Lines
- Strategy Elicitation
- Milton Model



For more details, please contact us on;

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Refund*

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