

# NEWB BUZZZ



Connecting U to Us...

June 2016

## Connecting across the *Time Zone*

Ni sa Bula.... and greetings from Fiji...

As most of you are aware, I am now sharing my time between Fiji and Mauritius. I am enjoying learning about a new culture and meeting with the beautiful and happy people of Fiji.

*Did you know that in Fijian, "Duo" means One.*

In many other languages it sounds like "Two": Duo, Dois, Deux, Due.... but in Fijian it means One. This really interested me. It made me think that it was a beautiful way to give an entire new meaning to the word 'One'. To think of 'One' as 'Two' reminds me of how we are interconnected as Human beings, interconnected with the world, the universe and with each other.

It also resonated with me because right now, I feel I am **One** person in **Two** places.....

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Grand Baie—Mauritius



Nadi—Fiji



## Connecting with the NewB Team

It's been a while since I connected with our amazing clients, participants, associates and friends. I thought it was about time I shared with you about all the great things that have been happening with NewB and about all the exciting things we are planning in the future. Today, NewB is a dynamic global team. Probably an unusual model but one which surprising works so well.

We have **Simone** and **Jessen** holding the fort in Mauritius. **Simone** has quickly become a popular Trainer and Coach with our clients and **Jessen** who is always ready to assist us in his calm, measured approach and friendly smile. **Jessen** is our solid, grounded and loyal pillar that is constantly there for us all to lean on.

Then on the other side of the globe in Singapore, is **Haana**, who is our virtual 'glue', bringing us all together. **Haana**, is the quite silent power. The low maintenance, resilient problem solver that makes everything seem so easy.

So besides the passion, inspiration and vision that I bring there is very little to manage, this ship gracefully takes the course with this amazing team setting sail and steering NewB to greater discoveries and exhilarating journey's.



NewB Office—Grand Baie, Mauritius

## Connecting and Reflecting:

2016 is at its halfway mark!

Looking back, I must say I am surprised at how much we have achieved. This year we have completed several exciting projects and started with two new clients on Leadership Development Projects.

There has definitely been an increase in awareness of implementing sustainable Leadership development programs rather than on one off Training workshops.

I have found a greater HR emphasis on Organisational Development than previous years. This is extremely positive for anyone who truly values People Development.

Our most popular programs have been

- \* "Creating our Dream Team",
- \* "Embracing a Team Culture" and
- \* "Unleashing Leadership Potential".

We are also happy to notice an increase in interest in Executive Coaching and also in Performance Coaching (Pre and Post Training Coaching). It seems that there has suddenly been an awakening of the value of providing Meta-Coaching to Senior Executives to unleash top performers.

## Connecting to What's Next:

Once again New Beginnings has pioneered new training in Mauritius. In April 2016, we invited **Dirk Nieuwoudt** to Co-Facilitate with me the very first **Meta-NLP Practitioner Certification**. It was a huge success and participants gave us a raving review.

We have therefore decided to repeat this training again in **April 2017**. Keep connected to find out more. We share with you some pictures of the training. Please also like our Facebook page and browse it to see all the photos during the Training.



First group of Certified Meta-NLP Practitioners in Mauritius—April 2016

But that's not all!!! We doing it again!!! Yes, we are bringing for the first time ever..... Training on the **"Enneagram"** to Mauritius. That's right!! You read it correctly!! The Enneagram training coming to Mauritius!!

We are so excited and will be sharing more about it with you soon. We will be inviting Ginger Lapid-Bogda to Mauritius in November to facilitate a 3 Day Training on **"Leadership and the Enneagram"**.

Do stay connected, energised and inspired to personal transformation...

Join the NewB Team, Inspiring the world and unleashing potential, *one conversation at a time..*

***Forever Learning Growing & Sharing...***

*Sandra*



**Ginger Lapid-Bogda, PhD,** is an internationally recognized Enneagram author, teacher, speaker, OD consultant and coach who helps organizations, leaders, teams, and individuals use the Enneagram to enhance their personal and professional lives. She is the author of 4 Enneagram-business books that have been translated into multiple languages. She also provides state-of-the-art Train-the-Trainer and other certificate programs, based on the Enneagram's business applications, around the world. In addition she offers easy-to-use engaging Enneagram training tools; and created "Know Your Type," the Enneagram App for Apple, Android, and Kindle.



# Future Trainings

## **An Introduction to Enneagram**

by *Diann Le Roux* from South Africa

Date: 09 Sept 2016

Time: 08:30—17:30

Target: *Managers, Leaders, HR Persons, Coaches, Anyone seeking Personal Development*

## **An Introduction to Coaching with the Enneagram**

by *Diann Le Roux* from South Africa

Date: 10 Sept 2016

Time: 08:30—17:30

Target: *Managers, Leaders, HR Persons, Coaches, Anyone seeking Personal Development*

## **Leadership and Enneagram** *with Ginger Lapid-Bogda*

Date: 07-09 November 2016

Time: 08:30—17:30

Target: *Managers, Leaders, HR Persons, Coaches, Anyone seeking Personal Development*

The Enneagram is a map of the human character that shows us our implicit and explicit patterns of thinking and feeling, along with our corresponding behavioral patterns. This self-discovery process using Typing Cards illuminates which of the 9 types most accurately describes each person and shows specific ways to move beyond these habitual patterns into new possibilities.



## **Meta-NLP Practitioner Certification** *with Sandra Viljoen & Dirk Niuwoudt*

PART 1: 19 – 22 April 2017 from 08:30 to 17:30

PART 2: 26 – 29 April 2017 from 08:30 to 17:30

Target: *Leaders, Managers, Inspiring Coaches, Teachers, Facilitators, Trainers, HR Practitioners, Individuals committed to Personal Development*



THE INTERNATIONAL  
META-COACH™ TRAINING SYSTEM  
*Coaching at a higher level for success and transformation*

# Coach's Corner

## Practice with Dirk

Dirk Nieuwoudt a Neuro-Semantic Trainer from South Africa offers an insightful Webinar Program for certified Meta-Coaches. Dirk has implemented a highly successful Internal Coach program for South African Rail and Transport: Transnet.



You can now practice your Coaching Skills or get Benchmarked with Dirk on the following Dates;



- 14 July 2016
- 03 August 2016
- 24 August 2016
- 05 September 2016
- 29 September 2016

To confirm your place, please email Dirk on [metacoachsa@gmail.com](mailto:metacoachsa@gmail.com)

## Webinar Training with Shawn Dwyer

A valuable Program for Certified Meta-Coaches to increase Coaching Confidence.



Join Shawn and his team at the Coaching Centre in Australia for programs that support the development and growth of building a coaching practice as a business, and the meta-skills to do that!

The Design Coaching Confidence starts on  
**30 June 2016**

For more details, please contact Shawn on;

Email: [shawn@actualisingexcellence.com.au](mailto:shawn@actualisingexcellence.com.au)

Web: <http://thecoachingcentre.com.au>

Shawn Dwyer is a Licensed Neuro Semantic Trainer and a Licensed Meta-coach (ACMC) and Team-coach

## Contact Us

Give us a call for more information about our services and products.

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## NewB International Partners



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Visit their Website for amazing training on Executive Coaching, Self Development, Leadership development and much more. Highly recommend "The Coaching Room" for high quality training and unique deliver from top class trainers.



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