



Margot Vannelet

Executive Coach | Systemic & Ontological Practitioner | NLP Meta -Coaching Specialist

Margot is a dedicated executive coach specializing in stress management and leadership development. With a strong foundation in systemic and ontological coaching and expertise in NLP meta-coaching, she facilitates deep, transformative change in her clients. Originally from France, Margot's global experience—spanning six countries—has shaped her unique perspective on the interplay of culture, leadership, and human behavior.

Margot's journey into coaching was inspired by her lifelong fascination with human dynamics and her personal experience overcoming stress and anxiety. She believes that every business problem is fundamentally a leadership problem, and her coaching philosophy centers on helping clients transcend limiting beliefs to achieve their full potential. Margot views her clients as whole and resourceful, guiding them to uncover and reprogram the mental and emotional patterns that drive their actions.

Her multicultural background makes Margot especially adept at navigating the complexities of global work environments. She helps clients identify and transcend culturally ingrained beliefs, fostering greater understanding and more effective leadership.

In her coaching sessions, Margot integrates NLP techniques, visualizations, and somatic exercises to address the specific needs of each client. Her clients, often mid-level and senior managers, report significant transformations such as job promotions, successful career shifts, and improved stress management. Margot's holistic approach not only helps clients achieve their immediate goals but also instills a deeper awareness of their values, enabling them to make aligned decisions even in challenging situations.

Margot is a Newfield Certified Coach and a Meta-Coach trained by the Neuro-Semantics Institute. She is also a Vipassana meditator and yoga practitioner, integrating mindfulness into her coaching for clients seeking greater relaxation and clarity. Passionate about travel, nature, and horse riding, Margot's personal interests reflect her core values of curiosity and openness—qualities she brings into every coaching session.

Areas of Expertise

Leadership Development
Executive Coaching
Stress Management
Mindfulness

Industry Experience

Information Technology

Functional Experience

Operations Management
Marketing
Sales

Accreditation and Associations

Newfield Certified Executive Coach (NCC™)
Meta-Coach at the Neuro-Semantics Institute

Interests

Meditation
Travel / Nature
Horse-Riding